

21,1 km am 09.09.2023

Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Endzeit |
|-----|-----|--------------------|-----------------------|----|-------|---------|
| 15 | 413 | Rotter, Florian | Kiez-Läufer Cottbus | 02 | M20 1 | 2:39:29 |
| 12 | 408 | Latzke, Michael | SV Wacker Komptendorf | 90 | M30 1 | 2:03:41 |
| 2 | 403 | Jokisch, Georg | FLB Cottbus | 88 | M35 1 | 1:33:10 |
| 6 | 402 | Czyborra, Tim | SV Döbern | 85 | M35 2 | 1:39:29 |
| 13 | 406 | Krüger, Marko | TFW | 84 | M35 3 | 2:12:31 |
| 1 | 417 | During, Sven | LC Cottbus | 79 | M40 1 | 1:32:48 |
| 5 | 414 | Rotter, Michael | SV Wacker Komptendorf | 82 | M40 2 | 1:38:43 |
| 7 | 416 | Hillebrand, Daniel | SV Eiche Branitz | 76 | M45 1 | 1:47:43 |
| 11 | 404 | Kottwitz, Andreas | FLG Spremberg | 74 | M45 2 | 1:58:04 |
| 4 | 418 | Schlüter, Frank | Forst | 69 | M50 1 | 1:36:41 |
| 3 | 407 | Kruse, Göran | Provita-Physio | 64 | M55 1 | 1:35:11 |
| 9 | 400 | Bereuter, Mike | Felixsee | 65 | M55 2 | 1:50:58 |
| 14 | 415 | Schönfeld, Karsten | LTSV Forst 1990 e.V. | 68 | M55 3 | 2:18:21 |
| 8 | 412 | Reitsch, Karsten | Cottbuser Laufsocken | 63 | M60 1 | 1:49:03 |
| 10 | 410 | Löwa, Gerd | Cottbus | 63 | M60 2 | 1:54:27 |

21,1 km am 09.09.2023

Ergebnisliste - Frauen

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Endzeit |
|-----|-----|------------------|-----------------------|----|-------|---------|
| 3 | 411 | Rädel, Carolin | SG Blau-Weiß Schorbus | 99 | W20 1 | 1:58:56 |
| 2 | 405 | Kottwitz, Denise | FLG Spremberg | 78 | W45 1 | 1:58:03 |
| 1 | 409 | Lenk, Manuela | FLG Spremberg | 60 | W60 1 | 1:41:05 |

| 10 km am 09.09.2023 | | | | | | |
|------------------------|-----|-----------------------|-----------------------|----|-------|---------|
| Ergebnisliste - Männer | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Endzeit |
| 14 | 168 | Krüger, Jeremy | Neuhausen | 07 | M16 1 | 55:25 |
| 3 | 172 | Lemke, Martin | LTSV Forst 1990 e.V | 88 | M35 1 | 45:07 |
| 17 | 190 | Krauz, Sascha | Cottbus | 87 | M35 2 | 1:08:03 |
| 5 | 181 | Schlawitschek, Thomas | Cottbuser Ostsee | 82 | M40 1 | 45:40 |
| 16 | 188 | Paulitz, Daniel | Cottbus | 83 | M40 2 | 1:08:01 |
| 2 | 180 | Schaarenberg, Sven | SV Fortuna Skadow | 77 | M45 1 | 43:53 |
| 1 | 178 | Worlitz, Gordon | LTSV Forst 1990 e.V. | 72 | M50 1 | 41:43 |
| 4 | 187 | Otto, Daniel | Forst | 72 | M50 2 | 45:11 |
| 6 | 175 | Misera, Silvio | Rennschnecken Cottbus | 69 | M50 3 | 46:43 |
| 8 | 174 | Masnik, André | FLB Cottbus | 70 | M50 4 | 47:51 |
| 13 | 167 | Jatzlauk, Frank | Dahlitz | 67 | M55 1 | 53:58 |
| 7 | 186 | Hoffmann, Detlef | FLG Spremberg | 63 | M60 1 | 47:17 |
| 9 | 161 | Busse, Ingo | LTSV Forst 1990 e.V | 62 | M60 2 | 51:38 |
| 10 | 185 | Kaiser, Gerd | Cottbus | 54 | M65 1 | 51:51 |
| 12 | 163 | Geppert, Christian | LTSV Forst 1990 e.V | 57 | M65 2 | 53:49 |
| 15 | 184 | Weinert, Bernd | Spremberg | 56 | M65 3 | 1:03:26 |
| 19 | 179 | Wunderlich, Ralf | FLB Cottbus | 57 | M65 4 | 1:09:34 |
| 18 | 169 | Krüger, Klaus-Stefan | LG Frankfurt/Oder | 50 | M70 1 | 1:09:27 |
| 11 | 182 | Heiden, Eckehard | SV Wacker Komptendorf | 45 | M75 1 | 52:55 |
| 20 | 183 | Bartel, Klaus | Drebkau | 44 | M75 2 | 1:10:20 |

| 10 km am 09.09.2023 | | | | | | |
|------------------------|-----|----------------------|-----------------------|----|-------|---------|
| Ergebnisliste - Frauen | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Endzeit |
| 6 | 189 | Rudolph, Lisa | Cottbus | 89 | W30 1 | 1:08:00 |
| 2 | 177 | Thierfelder, Kerstin | LTSV Forst 1990 e.V. | 77 | W45 1 | 55:28 |
| 4 | 166 | Hoffmann, Claudia | LC Cottbus | 76 | W45 2 | 1:01:38 |
| 8 | 164 | Hanisch, Daniela | LC Cottbus | 76 | W45 3 | 1:11:13 |
| 1 | 160 | Bernhard, Ivett | SV Döbern | 71 | W50 1 | 52:11 |
| 3 | 162 | Busse, Martina | LTSV Forst 1990 e.V | 65 | W55 1 | 55:58 |
| 7 | 171 | Lehmann, Marita | Walk & Bike Doberburg | 65 | W55 2 | 1:08:17 |
| 9 | 173 | Majunke, Petra | LC Cottbus | 60 | W60 1 | 1:11:15 |
| 5 | 165 | Henschke, Gudrun | LTSV Forst 1990 e.V. | 55 | W65 1 | 1:07:29 |

| 5 km am 09.09.2023 | | | | | | | |
|------------------------|-----|----------------------|-------------------------------|----|-----|---|---------|
| Ergebnisliste - Männer | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | | Endzeit |
| 17 | 37 | Siegmund, Linus | SV Wacker Komptendorf | 12 | M10 | 1 | 27:59 |
| 6 | 40 | Thierfelder, Niklas | LTSV Forst 1990 e.V. | 11 | M12 | 1 | 22:48 |
| 12 | 6 | Vogel, Richard | SV Döbern | 11 | M12 | 2 | 25:46 |
| 19 | 5 | Smoller, Rico | SV Döbern | 11 | M12 | 3 | 29:20 |
| 20 | 35 | Schönfeld, Steven | LTSV Forst 1990 e.V. | 11 | M12 | 4 | 29:22 |
| 13 | 46 | Winzer, Milo | Motor Saspow | 09 | M14 | 1 | 25:47 |
| 1 | 22 | Matschke, Max | VFL Spremberg | 05 | M18 | 1 | 19:18 |
| 2 | 45 | Winzer, Martin | Motor Saspow | 83 | M40 | 1 | 20:50 |
| 4 | 51 | Pouvillon, Guillaume | Cottbuser Laufsocken | 82 | M40 | 2 | 21:57 |
| 8 | 25 | Näther, Ronny | Running-Team Zimmermann | 79 | M40 | 3 | 23:01 |
| 9 | 28 | Putz, Sebastian | Laufgruppe Sana Herzzentrum C | 83 | M40 | 4 | 23:44 |
| 5 | 24 | Muth, Marco | FLB Cottbus | 78 | M45 | 1 | 22:23 |
| 7 | 14 | Halkow, Uwe | SV Olympia Cottbus | 74 | M45 | 2 | 22:53 |
| 3 | 30 | Raab, Devid | Laufgruppe Sana Herzzentrum C | 72 | M50 | 1 | 21:27 |
| 11 | 31 | Rädel, Klemens | SG Blau-Weiß Schorbus | 71 | M50 | 2 | 24:15 |
| 15 | 7 | Bernhard, Frank | SV Döbern | 69 | M50 | 3 | 26:41 |
| 10 | 26 | Pehla, Frank | Cottbuser Parkläufer e.V. | 66 | M55 | 1 | 24:11 |
| 16 | 54 | Skorubski, Torsten | FUNtane Runner | 61 | M60 | 1 | 27:45 |
| 27 | 55 | Lehmann, Jörg | Walk & Bike Doberburg | 63 | M60 | 2 | 39:38 |
| 14 | 36 | Schwiek, Dietmar | Neißemünde | 58 | M65 | 1 | 26:10 |
| 21 | 17 | Jannaschk, Bernd | Cottbuser Parkläufer e.V. | 56 | M65 | 2 | 29:38 |
| 24 | 43 | Wagner, Ronald | Cottbuser Parkläufer e.V. | 57 | M65 | 3 | 34:43 |
| 25 | 33 | Schnabel, Bernd | Kiez-Läufer Cottbus | 58 | M65 | 4 | 36:02 |
| 18 | 41 | Tischer, Dietmar | LTSV Forst 1990 e.V. | 52 | M70 | 1 | 28:40 |
| 22 | 47 | Worlitz, Reinhard | LTSV Forst 1990 e.V. | 53 | M70 | 2 | 30:23 |
| 23 | 29 | Putz, Siegfried | Laufgruppe Sana Herzzentrum C | 51 | M70 | 3 | 30:32 |
| 26 | 32 | Schindler, Hartmut | OSC Löbau | 45 | M75 | 1 | 38:55 |

| 5 km am 09.09.2023 | | | | | | | |
|------------------------|-----|----------------------|---------------------------|----|-----|---|---------|
| Ergebnisliste - Frauen | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | | Endzeit |
| 14 | 44 | Winzer, Mara | Motor Saspow | 12 | W10 | 1 | 30:44 |
| 15 | 3 | Funke, Anni | SV Döbern | 12 | W10 | 2 | 32:15 |
| 17 | 49 | Pouvillon, Amelie | Cottbuser Laufsocken | 12 | W10 | 3 | 32:45 |
| 23 | 2 | Mühlmeister, Carolin | SV Döbern | 12 | W10 | 4 | 38:33 |
| 25 | 11 | Semsch, Sarah | SV Döbern | 12 | W10 | 5 | 46:51 |
| 24 | 4 | Junge, Joy | SV Döbern | 11 | W12 | 1 | 46:50 |
| 10 | 39 | Strehlau, Johanna | Branitz | 07 | W16 | 1 | 29:10 |
| 7 | 9 | Sokolowski, Jasmin | SV Döbern | 05 | W18 | 1 | 27:46 |
| 6 | 12 | Baron, Anne | FLB Cottbus | 89 | W30 | 1 | 27:19 |
| 4 | 52 | Reitsch, Sarah | Cottbuser Laufsocken | 86 | W35 | 1 | 26:54 |
| 20 | 42 | Wagner, Bianca | Cottbuser Parkläufer e.V. | 86 | W35 | 2 | 34:44 |
| 1 | 15 | Hermann, Diana | LTSV Forst 1990 e.V. | 82 | W40 | 1 | 22:02 |
| 18 | 50 | Pouvillon, Djamila | Cottbuser Laufsocken | 82 | W40 | 2 | 32:46 |
| 3 | 10 | Neumann, Grit | SV Döbern | 75 | W45 | 1 | 26:25 |
| 12 | 1 | Geike, Peggy | Forst | 74 | W45 | 2 | 30:17 |
| 5 | 20 | Krause, Daniela | Forst | 73 | W50 | 1 | 27:01 |
| 13 | 8 | Pommerenke, Gaby | SV Döbern | 68 | W55 | 1 | 30:25 |
| 16 | 34 | Schneider, Tina | Cottbuser Parkläufer e.V. | 64 | W55 | 2 | 32:26 |
| 11 | 23 | Mucha, Gabi | Cottbus | 63 | W60 | 1 | 29:34 |
| 21 | 53 | Skorubski, Andrea | FUNtane Runner | 63 | W60 | 2 | 37:46 |
| 2 | 16 | Jachmann, Christina | LTSV Forst 1990 e.V. | 56 | W65 | 1 | 26:13 |
| 8 | 13 | Förster, Ingrid | LTSV Forst 1990 e.V. | 58 | W65 | 2 | 28:30 |
| 22 | 48 | Zimmermann, Christa | LTSV Forst 1990 e.V. | 57 | W65 | 3 | 38:15 |
| 9 | 27 | Pietrucha, Gerda | Lauftreff Wildeshausen | 53 | W70 | 1 | 28:34 |
| 19 | 21 | Krüger, Sigrid | LG Frankfurt/Oder | 50 | W70 | 2 | 32:54 |

5 km Walking am 09.09.2023

Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Endzeit |
|-----|-----|---------------------|---------------------------|----|-------|---------|
| 4 | 112 | Stiebitz, Sylvio | Happy family Walking | 77 | M45 1 | 37:55 |
| 5 | 104 | Blum, Heiko | Wiesenwalker | 71 | M50 1 | 38:10 |
| 6 | 106 | Hintz, Rene | Cottbuser Parkläufer e.V. | 63 | M60 1 | 39:46 |
| 7 | 110 | Rosenau, Thorsten | Cottbuser Parkläufer e.V. | 61 | M60 2 | 44:02 |
| 2 | 114 | Walloschek, Dittmar | Cottbuser Parkläufer e.V. | 54 | M65 1 | 36:18 |
| 3 | 109 | Przychodzki, Frank | LTSV Forst 1990 e.V. | 54 | M65 2 | 36:21 |
| 8 | 116 | Weiß, Dietmar | Cottbus | 58 | M65 3 | 56:41 |
| 1 | 111 | Scharkowski, Dieter | Cottbuser Parkläufer e.V. | 49 | M70 1 | 35:15 |

5 km Walking am 09.09.2023

Ergebnisliste - Frauen

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Endzeit |
|-----|-----|-------------------|-------------------------------|----|-------|---------|
| 7 | 101 | Semsch, Melanie | SV Döbern | 85 | W35 1 | 48:02 |
| 1 | 105 | Ehlers, Doreen | Laufgruppe Sana Herzzentrum C | 74 | W45 1 | 37:36 |
| 4 | 103 | Beer, Anke | SV Wacker Komptendorf | 73 | W50 1 | 40:56 |
| 2 | 107 | Huschen, Katrin | Cottbuser Parkläufer e.V. | 67 | W55 1 | 39:17 |
| 6 | 113 | Treitschke, Petra | Cottbuser Parkläufer e.V. | 65 | W55 2 | 44:52 |
| 8 | 100 | Krätsch, Ines | SV Döbern | 67 | W55 3 | 49:06 |
| 5 | 115 | Walloschek, Sonja | Cottbuser Parkläufer e.V. | 55 | W65 1 | 44:34 |
| 9 | 117 | Arndt, Petra | LC Cottbus | 57 | W65 2 | 52:15 |
| 3 | 102 | Bachmann, Erdmute | SG Glinzig | 51 | W70 1 | 40:35 |

| 1,5 km am 09.09.2023 | | | | | | |
|------------------------|-----|------------------|-----------------------------|----|-------|---------|
| Ergebnisliste - Männer | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Endzeit |
| 3 | 268 | Reitsch, Moritz | Cottbuser Laufsocken | 19 | - | 7:26 |
| 2 | 266 | Pouvillon, Louis | Cottbuser Laufsocken | 16 | M06 1 | 6:33 |
| 1 | 264 | Eitner, Henri | SV Grün-Weiß Sellessen e.V. | 14 | M08 1 | 6:21 |

| 1,5 km am 09.09.2023 | | | | | | |
|------------------------|-----|----------------------|------------|----|-------|---------|
| Ergebnisliste - Frauen | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Ak | Endzeit |
| 1 | 265 | Lehm, Charlotte | SV Döbern | 14 | W08 1 | 9:33 |
| 2 | 267 | Sakolowski, Fabienne | SV Döbern | 12 | W10 1 | 9:39 |